MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CLOSED FOR NEW YEARS DAY	*10-12 Volleyball (LDS) Noon-3 Computer Lab w/Tutor (C) 12:45-3:15 Bingo (R) 12:45-3:30 Pinochle Party (L) 5-9 EXTENDED HOURS	*8:15-9:15	*9-4 Enhance Wellness RN (HR) 9-1 Food Pantry (M1) *10-2 Volleyball (LDS) 10-Noon Computer Lab w/Tutor (C) 12:45-3:30 Pinochle Party (L) *1:30-2:30 Swedish (M3) (NEW)	*8:15-9:15 Enhance Fitness® (M2-3) 9-Noon Food Pantry (M1) *10-3 Respite (W) *9:30-4 Hike: Pt. Defiance 10-Noon Social Bridge (R) 12:45-2:30 Social Bridge (R) 12:30 Super Senior Pool Tourney-9 ball (P) *3:15-4:15 Enhance Fitness® (M1-2)
*8:15-9:15 Enhance Fitness® (M1-2-3) *9-Noon SHIBA (CR) *9-Noon Oil Painting (W)(NEW) 10-3 Computer Lab w/Turtor (C) 10-Noon Mah Jongg (L) 12:45-2:30 Mah Jongg (L) 2-4 Scrabble (L) *3:15-4:15 Enhance Fitness® (M1-2)(NEW) 5-9 EXTENDED HOURS	*10-2 Massage (HR) *10-12 Volleyball (LDS) 10-11:30 Advisory Council (W) Noon-3 Computer Lab w/Tutor (C) Noon Garden Club (W) 12:45-3:30 Pinochle Party (L) *4-7 Massage (HR) 5-9 EXTENDED HOURS	*8:15-9:15 Enhance Fitness® (M1-2-3) *9-3 Footcare (HR) 9:30-11 Wellness Meeting (W) 12:45-3 Movie: American Dreamz (R) *3:15-4:15 Enhance Fitness® (M1-2)	*9-4 Enhance Wellness RN (HR) *9:30-10:45 Line Dance (M1-2) (NEW) 10-11 Coffee Hour (R) *10-2 Volleyball (LDS) *10-Noon Spanish (W)(NEW) 10-Noon Computer Lab w/Tutor (C) 12:45-3:30 Pinochle Party (L) *1-3 Creative Writing (W)(NEW)	*8:15-9:15 Enhance Fitness® (M1-2-3) *9:30-4 Hike: Pt. Defiance *10-3 Respite (W) 10-Noon Social Bridge (M1) 12:45-2:30 Social Bridge (M1) 12:30 Men's Tournament 8-Ball (P) *3:15-4:15 Enhance Fitness® (M1-2)
*11-5 Auburn Symphony Orchestra at Benaroya Hall CLOSED MARTIN LUTHER KING, JR. DAY	*10-12 Volleyball (LDS) *11:30-1:30 Red Hat to Casino Noon-3 Computer Lab w/Tutor (C) 12:45-3:30 Pinochle Party (L) 12:45-2:15 Bingo (W) 1-3 Book Club (CR) 5-9 EXTENDED HOURS	*8:15-9:15 Enhance Fitness® (M1-2-3) *9-3 Footcare and RX Footcare (HR) *9:30 Senior Rights Assistance (CR) *9:30 Wellness Coffee Hour (W) *11:15-2 Leisurely Lunch - Van Trip 12:45-3 Movie: DeVinici Code (R) *1-2 Hula Dance (M1-2) (NEW) *3:15-4:15 Enhance Fitness® (M1-2)	*9-4 Enhance Wellness Nurse (HR) *9:30-10:45 Line Dance (M1-2) *10-2 Volleyball (LDS) *10-Noon Spanish (W) 10-Noon Computer Lab w/Tutor (C) *10-3 Pool Tournament Auburn vs Renton (PR) *10:30-11:30 Tai Chi for Fitness & Fun (PRAB)(NEW) *11:15 Birthday/Anniversary Celebration (M2-3) 12:45-3:30 Pinochle Party (L) *1-3 Creative Writing (W) *1:30-2:30 Swedish (M3)	*8:15-9:15 Enhance Fitness® (M1-2-3) *9:30-4 Hike: Discovery Park *10-3 Respite (W) 10-Noon Social Bridge (M1) *10-2 Massage (HR) 12:45-2:30 Social Bridge (M1) 12:30 Super Senior Tournament 8-Ball (P)
*8:15-9:15 Enhance Fitness® (M1-2-3) *9-Noon Oil Painting (W) 9-12 Blood Pressure Clinic(HR) 10-3 Computer Lab w/Turtor (C) *10-3 Driver Safety (M1)(NEW) 10-Noon Mah Jongg (L) 12:45-2:30 Mah Jongg (L) *1-3:30 Watercolor (W) 2-4 Scrabble (L) *3:15-4:15 Enhance Fitness® (M1-2) *5 Supper Club (M3) *6-10 Driver Safety (R)(NEW) 5-9 EXTENDED HOURS	*9-12 CERT Training (R) 9:30-1 Garden Club(W) *10-12 Volleyball (LDS) *10-3 Driver Safety (M1)(END) *10-2 Massage (HR) Noon-3 Computer Lab w/Tutor (C) 12:45 Pinochle Party (L) *4-7 Massage (HR) *6-10 Driver Safety (R)(END) 5-9 EXTENDED HOURS	*8:15-9:15 Enhance Fitness® (M1-2-3) *9:30-12 Chronic Conditions Class (R) (NEW) 9:30-11 Wellness Meeting (W) 12:45-3 Movie: The Devil Wears Prada (R) *1-2 Hula Dance (M1-2) *1-3:30 Watercolor (W)(NEW) *3:15-4:15 Enhance Fitness® (M1-2)	*9-4 Enhance Wellness Nurse (HR) *9:30-10:45 Line Dance (M1-2) *10-2 Volleyball (LDS) *10-Noon Spanish (W) 10-Noon Computer Lab w/Tutor (C) *10:30-11:30 Tai Chi for Fitness & Fun (PRAB) 12:45-3:30 Pinochle Party (L) *1-3 Creative Writing (W)	*8:15-9:15 Enhance Fitness® (M1-2-3) *9:30-4 Hike: Discovery Park *10-3 Respite (W) 10-Noon Social Bridge (M1) 12:45-2:30 Social Bridge (M1) 12:30 Men's Tournament 9-Ball (P) *3:15-4:15 Enhance Fitness® (M1-2)
*8:15-9:15 Enhance Fitness® (M1-2-3) *9-12 Oil Painting (W) *9-4 Snow Shoeing 10-3 Computer Lab w/Turtor (C) 10-Noon Mah Jongg (L) 12:45-2:30 Mah Jongg (L) *1-3:30 Water Color (W) 2-4 Scrabble (L) *3:15-4:15 Enhance Fitness® (M1-2) 5-9 EXTENDED HOURS	*9-12 CERT Training (R) *10-12 Volleyball (LDS) *10-11 Keyboarding (M-1)(NEW) Noon-3 Computer Lab w/Tutor (C) 12:45-3:30 Pinochle Party (L) 1:15-3 Office Meeting (W) 5-9 EXTENDED HOURS	*8:15-9:15 Enhance Fitness® (M1-2-3) *9:30-12 Chronic Conditions Class (R) 12:45-3 No Movie *1-3:30 Water Color (W) *1-2 Hula Dance (PRAB) 2-4 Retirement Party (M1-2-3) *3:15-4:15 Enhance Fitness® (LGB)	*Pre-Registration Required Legend: (subject to change) M (Millennium) 1-2-3 L - Lobby W-Weese Room R - Rotary Room CR-Conference Room P - Pool Room LGB - Les Gove Bldg PRAB - Parks/Rec. Adm. Building	JANUARY 2007 Subject to Change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
February 2007 Subject to Change	*Pre-Registration Required Legend: (subject to change) M (Millennium) 1-2-3 L - Lobby W - Weese Room R - Rotary Room CR-Conference Room P - Pool Room CR-Conference Room CR-Confer		*9-4 Enhance Wellness RN (HR) *9:30-10:45 Line Dance (M1-2) *10-Noon Volleyball (LDS) 10-Noon Computer Lab w/Tutor (C) *10-Noon Spanish (W) *10:30-11:30 Tai Chi for Fitness & Fun (PRAB) 12:45-3:30 Pinochle Party (L) *1-3 Creative Writing (W) *1:30-2:30 Swedish (M3)	*8:15-9:15 Enhance Fitness® (M1-2-3) *10-3 Respite (W) 12:30 Super Senior Tournament - 9 Ball (P) *9:30-4 Hike: Nisqually Flats 10-Noon Social Bridge (M1) 12:45-2:30 Social Bridge (M1) *3:15-4:15 Enhance Fitness® (M2-3) SAT., FEB 3: TBA Harness Racing
*8:15-9:15	*8:30-12:30 Income Tax (CR) (NEW) *9-12 CERT Training (R) *10-12 Volleyball (LDS) *10-11 Keyboarding (M-1) Noon-3 Computer Lab w/Tutor (C) 12:45-3:30 Pinochle Party (L) 12:45-2:15 Bingo (W) 5-9 EXTENDED HOURS	*8:15-9:15 Enhance Fitness® (M1-2-3) (END) *9-3 Footcare (HR) *9-3 Future of Flight Van Trip *9:30-12 Chronic Conditions Class (R) 12:45-3 Movie: The Guardian (R) *1-2 Hula Dance (M1-2) *1-3:30 Watercolor (W) *3:15-4:15 Enhance Fitness® (M2-3) (END)	*9-4 Enhance Wellness RN (HR) 9-1 Food Pantry (M1) *9:30-10:45 Line Dance (M2-3)(END) *9:30-1:30 Nature Walk 10-11 Coffee Hour (R) *10-Noon Volleyball (LDS) 10-Noon Computer Lab w/Tutor (C) *10-Noon Spanish (W) *10:30-11:30 Tai Chi for Fitness & Fun (PRAB) 12:45-3:30 Pinochle Party (L) *1-3 Creative Writing (W)	*8:15-9:15 Enhance Fitness® (M2-3) (NEW) 9-Noon Food Pantry (M1) 12:30 Men's Pool Tournament-8 ball (P) *9:30-4 Hike: Nisqually Flats *10-3 Respite (W) 10-Noon Social Bridge (R) 12:45-2:30 Social Bridge (R) *3:15-4:15 Enhance Fitness® (M1-2)(NEW)
*8:15-9:15 Enhance Fitness® (M1-2-3) *8:30-12:30 Income Tax (R) *9-Noon SHIBA (CR) *9-Noon Oil Painting (W) *9:30-3:30 Chocolate Delight Van Trip 10-3 Computer Lab w/Tutor (C) 10-Noon Mah Jongg (L) 12:45-2:30 Mah Jongg (L) *1-3:30 Watercolor (W) 2-4 Scrabble (L) *3:15-4:15 Enhance Fitness® (M1-2) 5-9 EXTENDED HOURS	*8:30-12:30 Income Tax (CR) *9-12 CERT Training (R) 10-11:30 Advisory Council (W) *10-2 Massage (HR) *10-12 Volleyball (LDS) *10-11 Keyboarding (M-1) Noon-3 Computer Lab w/Tutor (C) 12:45-3:30 Pinochle Party (L) 1 Garden Club (W) *2-4 Red Hat Tea Party (M1-2) *5-8 Massage (HR) 5-9 EXTENDED HOURS	*8:15-9:15 Enhance Fitness® (M1-2-3) *9-3 Foot Care (HR) *9:30-12 Chronic Conditions Class (R) 9:30-11 Wellness Meeting (W) 11:30 Valentine's Day Lunch (M1-2-3) 12:45-3 Movie: My Super Ex-Girlfriend (R) *1-2 Hula Dance (M1-2)(END) *1-3:30 Water Color (W) *3:15-4:15 Enhance Fitness® (M1-2)	TBA As the Birds Fly, Snohomish *9-4 Enhance Wellness Nurse (HR) *9:30-10:45 No Line Dance *10-Noon Spanish (W) 10-Noon Computer Lab w/Tutor (C) *10-Noon Volleyball (LDS) *10:30-11:30 Tai Chi for Fitness & Fun (PRAB) *11:15 Birthday/Anniversary Celebration (M2-3) 12:30-3 Senior vs Staff Pool Tournament (PR) 12:45-3:30 Pinochle Party (L) *1-3 Creative Writing (W) *1:30-2:30 Swedish (M3)	*8:15-9:15 Enhance Fitness® (M2-3) *9:30-4 Hike: Orting *10-2 Massage (HR) *10-3 Respite (W) 10-Noon Social Bridge (M1) 12:45-2:30 Social Bridge (M1) 12:30 Super Senior Tournament 8 Ball (P)
CLOSED PRESIDENTS' DAY	9 Pie Social (L) *8:30-12:30 Income Tax (CR) *9-12 CERT Training (R) (END) *10-Noon Volleyball (LDS) *10-11 Keyboarding (M-1) Noon-3 Computer Lab w/Tutor (C) 12:45-3:30 Pinochle Party (L) 12:45-2:15 Bingo (W) 1-3 Book Club (CR) 5-9 EXTENDED HOURS	*8:15-9:15 Enhance Fitness® (M1-2-3) *9-3 Foot Care & RX Foot Care (HR) *9:30-12 Chronic Conditions Class (R)(END) *9:30-12:30 Senior Rights Assistance (CR) *9:30-11 Wellness Coffe Hour (W) *11:15-1:30 Leisurely Lunch-Van Trip 12:45-3 Movie: The Illusionist (R) *1-3:30 Watercolor (W) *3:15-4:15 Enhance Fitness® (M1-2)	*9-4 Enhance Wellness RN (HR) *9:30-1:30 Nature Walk *9:30-10:45 Line Dance (M1-2)(NEW) *10-Noon Spanish (W) 10-Noon Computer Lab w/Tutor (C) *10-Noon Volleyball (LDS) *10:30-11:30 Tai Chi for Fitness & Fun (PRAB) 12:45-3:30 Pinochle Party (L) *1-3 Creative Writing (W)	*8:15-9:15 Enhance Fitness® (M1-2-3) *9:30-4 Hike: Orting 12:30 Men's Pool Tournament 9-Ball (P) *10-3 Respite (W) 10-Noon Social Bridge (M1) 12:45-2:30 Social Bridge (M1) *3:15-4:15 Enhance Fitness® (M1-2)
*8:15-9:15 Enhance Fitness® (M1-2-3) *8:30-12:30 Income Tax (R) (NEW) *9-Noon Oil Painting (W) 10-11:30 Blood Pressure Clinic (HR) 10-Noon Mah Jongg (L) *10-3 Driver Safety (M-1)(NEW) 12:45-2:30 Mah Jongg (L) *1-3:30 Water Color (W) 2-4 Scrabble (L) *3:15-4:15 Enhance Fitness® (M1-2) *5-6:30 Supper Club (M2-3) 5-9 EXTENDED HOURS	*8:30-12:30 Income Tax (R) 9:30-1 Garden Club (W) *10-3 Driver Safety (M1)(END) *10-11 Host/Hostess/Barista Meeting (W) *10-2 Massage (HR) *10-Noon Volleyball (LDS) *10-11 Keyboarding (M-1) Noon-3 Computer Lab w/Tutor (C) 12:45-3:30 Pinochle Party (L) 1:15-3 Office Meeting (W) *5-8 Massage (HR) 5-9 EXTENDED HOURS	*8:15-9:15 Enhance Fitness® (M1-2-3) 9:30-11 Wellness Meeting (W) 12:45-3 Movie: World Trade Center (R) *1-3:30 Watercolor (W) *3:15-4:15 Enhance Fitness® (M1-2)	Check Senior Activity Center or Parks, Arts & Recreation Brochures for evening classes.	February 2007